

# Ready to Move Forward?

Running for only 2 weeks between 9.30am and 2.30pm it fits around school runs and any other commitments you may have.

The course is slow paced and allows learners to develop their own ideas on the best career path while inspiring them to take the next steps on their journey back into work or education.

Subjects covered include:

Group working

Stress & stress management

Confidence & self esteem

Identity, equality & diversity

Practical activities

Face-to-face teaching in the Taylor Building at our Caudon Campus, Stoke Road, Shelton, ST4 2DG

Here's what some previous learners said about the course:

"I have gained confidence"

"Everybody being in the same boat really helps"

"It has inspired me to look at career options rather than just work"

**Get your work coach to book your initial assessment at Caudon Campus – call 01782 227650**  
[sfe@stokecoll.ac.uk](mailto:sfe@stokecoll.ac.uk)

REAL SKILLS  
FOR REAL JOBS



Skills for Employment: Taylor Building, Caudon Campus,  
Stoke on Trent College, Stoke Road, Shelton, Stoke on Trent ST4 2DG

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