

# FOR A BRIGHTER FUTURE DREAM BIC

## LEARN TODAY EARN TOMORROW

Upon course completion, learners can expect to receive Stoke on Trent College certificates and an AIM qualification Entry Level 3 award.



SCAN ME

- www.stokecoll.ac.uk -

See list of courses on reverse → Based at our Cauldon Campus



### **MULTIPLY**

Learners will be supported to reengage with numeracy in an interesting and fun way which can lead to increased confidence and unlock further opportunities,

### PERSONAL FINANCES

Learners will improve their personal budgeting skills through the completion of a budgeting unit, resulting in the achievement of an Entry Level 3 Award in Personal and Social Development Skills.

### **BUILDING DIGITAL CONFIDENCE**

Gain more confidence in how to use a computer, from turning it on to saving your work onto a network and everything in between.

### **POSITIVE MENTAL HEALTH**

Learners will understand factors that may contribute to mental ill health and actions that can be taken.

### **HEALTHY LIFESTYLES**

Learn the components of a healthy lifestyle and factors that can improve health and well-being. Also, look at how technology can support the tracking of your nutritional intake. Learners will also look at the importance of hydration.

### MOTIVATIONAL CONFIDENCE BUILDING

Develop confidence through presenting work within the class to show your digital skills.

## **MY SUPER-SKILLS**

Understand how your life skills and experiences make you super skilled and how you can turn these into a positive that you can use in your life and on your CV.

### TASTER SELECTION: CATERING, HAIR, GYM

Gain an in-depth view of one of Stoke on Trent College's vocational areas where you can see for yourself the excellent facilities on offer where vocational knowledge and skills are developed.

### WHAT'S NEXT FOR ME?

Meet with one of our careers staff to understand what progression opportunities are available.

### **CV WRITING**

Gain a better understanding of what is required on a CV and how to write one. Learners will have access to the support and resources to write a new CV or update your existing one.