

# ENRICHMENT PROGRAMME

Sports & Social Action  
Opportunities 2025/26



## CLUBS · ACTIVITIES · EVENTS

COLLEGE LIFE · SO MUCH MORE THAN JUST LEARNING



**STOKE  
ON TRENT  
COLLEGE**

**Ofsted** Good  
Provider

**namss** National Association for  
Managers of Student Services

Award Winning Enrichment Programme 2020  
Award Winning Peer Mentoring Project 2022  
NAMSS Student Services Awards

# ENRICHMENT

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## WHY TAKE PART IN ENRICHMENT?

Through our Enrichment Programme you will have a wide range of opportunities to explore and develop the values, knowledge, confidence and skills to prepare you to successfully progress to employment or university.

It's also a great opportunity to:

- Gain new skills to add to your CV
- Get prepared for living and working in a diverse community
- Meet new people
- Make healthy choices
- Enjoy, achieve and progress
- Improve your personal statement if you are thinking about progressing to university

If you have any other questions relating to Enrichment contact Calvin Austin on **07786 113853**.

### Five reasons why joining a club or society is good for wellbeing

You get to meet new and likeminded people and make great connections

You can gain loads of great skills which is fab for self-esteem (and your CV)

Participation in community life makes you feel more connected and improves sense of belonging

Participation in a club or society is a great way to relax and de-stress

Helping to run a club or society is a great way to give back to others which is associated with increased happiness and wellbeing

This booklet is your essential guide to the College's Enrichment – Sport and Social Action Programme.

It is an A–Z of new and exciting activities that all students at Stoke on Trent College can take part in every week, alongside your course, enhancing your learner experience. If you have any questions regarding Enrichment, please call into the Students' Union Common Room at either Burslem or Cauldon Campus. Enrichment at Stoke on Trent College includes a wide range of sporting activities, personal development opportunities, social activities and events. There really is something for everyone, so don't miss out... **Get Active, Get Involved!**





Stoke on Trent College offers a range of clubs and societies in addition to your main programme, giving you the opportunity to develop new skills and gain extra qualifications.



# CLUBS & SOCIETIES



## CHALLENGES

- CHALLENGE SOUTH AFRICA 2027
- CHALLENGE ERLANGEN 2026
- CHALLENGE UNITED KINGDOM
- CHALLENGE STOKE-ON-TRENT

## CLUBS & SOCIETIES

- ABILITY COUNTS FOOTBALL CAULDON
- ABILITY COUNTS FORUM BOTH CAMPUSES
- BADMINTON BOTH CAMPUSES
- BADMINTON BREAKFAST CLUB CAULDON
- BASKETBALL CAULDON
- BINGO BURSLEM MONTHLY
- BOXING FOR FITNESS BOTH CAMPUSES
- CHOIR CAULDON
- CIRCUIT TRAINING BURSLEM
- CONNECTIONS BOTH CAMPUSES
- CULTURAL COLLECTIVE BOTH CAMPUSES
- DARTS BOTH CAMPUSES
- DODGEBALL CAULDON
- FREE\* GYM SESSIONS ALL DAY, EVERY DAY!
- FUTSAL BURSLEM
- LGBTQ+ BOTH CAMPUSES
- KIX FOOTBALL ACTIVITY SESSIONS NEW!
- NETBALL CAULDON
- PEER MENTORING CLUB BOTH CAMPUSES
- POOL CLUB BURSLEM
- RECREATIONAL FOOTBALL CAULDON
- ROUNDERS CAULDON
- TABLE TENNIS BOTH CAMPUSES
- WOMEN'S FOOTBALL CAULDON
- WOMEN'S ACTIVITY SESSIONS BURSLEM
- YOUNG CARERS BOTH CAMPUSES
- YU-GI-OH CAULDON NEW!
- ZUMBA CAULDON NEW!

## SHORT COURSES

- CLIMBING & BOULDERING
- CRICKET NET SESSIONS
- STEP UP YOUR CONFIDENCE
- FIRST AID AWARENESS NEW!

## INTER CAMPUS SPORTS COMPETITIONS NEW!

- BADMINTON
- CRICKET
- DODGEBALL
- NETBALL

## INSTITUTE OF SPORTS PERFORMANCE

- STOKE CITY PROGRAMME
- CRICKET CLUB NEW!
- PORT VALE PROGRAMME

## LEADERSHIP & VOLUNTEERING

- STUDENT AMBASSADORS
- STUDENT COUNCIL
- STUDENTS' UNION EXECUTIVE COMMITTEE

\* Please note a one-off fee of £5 is payable for your membership card and induction. Gym sessions take place at the Sports Academy, which is at Cauldon Campus, but are open to all students from both campuses.





## CHALLENGE SOUTH AFRICA 2027

### Apply from April 2026

This 36-week Enrichment Programme involves learning about South Africa's history, culture and lifestyle. Students take part in a range of social and personal development activities and fundraising events before setting off for the ten-day trip of a lifetime to Cape Town, South Africa.

For more information contact Calvin Austin on 07786 113853, Claire Oliver on 07786 113845 or visit the Students' Union.

## CHALLENGE ERLANGEN 2026



As part of the City's efforts to reignite the friendship and partnership between Stoke-on-Trent and Erlangen, we will be visiting Erlangen for the second year running in April 2026. This will include World War II history, learning some German language and engaging with the University of Erlangen-Nuremberg, to experience education and skills development in Germany, and the trade links between Stoke-on-Trent and Staffordshire with Erlangen, including a visit to the sustainably designed Siemens Campus Erlangen.

For more information contact Calvin Austin on 07786 113853, Claire Oliver on 07786 113845 or visit the Students' Union.

## CHALLENGE UNITED KINGDOM



Liverpool · Manchester · Wales

This programme gives students the opportunity to learn about and visit a range of places in the United Kingdom. The day visits and residentials are a great opportunity to give students an insight into the history and culture of some of the most famous locations in the United Kingdom.

For more information contact Calvin Austin on 07786 113853 or visit the Students' Union.

## CHALLENGE STOKE-ON-TRENT YOUTH SOCIAL ACTION PROGRAMME

Are you passionate about Stoke on Trent? Do you enjoy giving back to your local community?

As a member of the Youth Social Action Committee, you will take an active responsibility within our City, with the aim of tackling social issues in our local area. You will be a lead facilitator on the programme, using creativity and problem-solving skills to collectively identify ways learners at Stoke on Trent College can positively impact our community. As part of the programme, you will work with local charities and organisations and the individuals they support. This is an incredible opportunity to develop your social and personal skills and to contribute to the positive development of our diverse City!

For more information contact Amy Marsh on 07500 992973 or visit the Students' Union.







## ABILITY COUNTS FOOTBALL



**Wednesday 11:00am–12:00pm** · Sports Academy, Cauldon Campus

This club gives opportunities for students with disabilities and/or learning difficulties the chance to play recreational football and also represent Stoke on Trent College and Stoke City Football Club at local and regional tournaments.

**For more information** contact Calvin Austin on **07786 113853**, Laura Davies by email at [laura.davies@stokecoll.ac.uk](mailto:laura.davies@stokecoll.ac.uk) or visit the Students' Union.

## ABILITY COUNTS FORUM

The Ability Counts Voice Forum enables students with disabilities and/or learning difficulties to voice their opinion in an informal setting and promotes positive change and inclusion across college. This includes access issues and the promotion of equal opportunities.

**For more information** about how to attend the first meeting contact Laura Davies by email at [laura.davies@stokecoll.ac.uk](mailto:laura.davies@stokecoll.ac.uk) or visit the Students' Union.

## BADMINTON

**Tuesday 12:00pm–1:00pm & 4:00–5:00pm** · Sports Hall, Burslem Campus

**Wednesday 12:00pm–1:00pm** · Sports Academy, Cauldon Campus

Badminton sessions offer an informal opportunity to keep fit, meet new people and take part in regular competitions. We cater for all levels from beginners to advanced. All equipment is provided.

**For more information** contact Calvin Austin on **07786 113856**, Amy Marsh on **07500 992973**, Ikky Ahmed on **07551 131079** or visit the Students' Union.

## BADMINTON BREAKFAST CLUB

**Tuesday 8:15am–9:00am** · Sports Academy, Cauldon Campus

The Badminton Breakfast Club gives learners the opportunity for some early morning low level activity with a chance to keep fit and meet new people. We cater for all levels from beginners to advanced. All equipment is provided.

**For more information** contact Calvin Austin on **07786 113853**, Amy Marsh on **07500 992973**, Ikky Ahmed on **07551 131079** or visit the Students' Union.

## BASKETBALL

**Monday 12:00pm–1:00pm** · Sports Academy, Cauldon Campus

Join in this new recreational basketball session with informal competition and 3v3 matches or just simply join in to shoot a few hoops!

**For more information** contact Calvin Austin on **07786 113853**, Amy Marsh on **07500 992973** or visit the Students' Union.

## BINGO MONTHLY

**Wednesday 12:00pm–1:00pm** · Students' Union, Burslem Campus

Why not join us for a traditional game of Bingo every month at Burslem Campus, with a range of fantastic prizes on offer including gift vouchers for JD Sports!

**For more information** contact Calvin Austin on **07786 113853**, Ikky Ahmed on **07551 131079** or visit the Students' Union.

## BOXING FOR FITNESS

**Wednesday 12:00pm–1:00pm** · Dance Studio, Sports Academy, Cauldon Campus

**Thursday 12:00pm–1:00pm** · Sports Hall, Burslem Campus

This session will give you the opportunity to explore attack and defence, stance, guard and positioning. Regular pad work and fitness conditioning will also be a feature of this session.

**For more information** contact Calvin Austin on **07786 113853** or visit the Students' Union.

## CHOIR

**Thursday 12:00pm–1:00pm** · Students' Union, Cauldon Campus

Are you interested in boosting your confidence and self-esteem through the power of music? If so, come along and tune in to our new enrichment club, where you will develop new skills and meet new people. We are looking for enthusiastic, passionate and ambitious learners, who are looking for a new challenge. If you want to do a thing, come along and sing.

**For more information** contact Natasha Brook by email at [natasha.brook@stokecoll.ac.uk](mailto:natasha.brook@stokecoll.ac.uk) or visit the Students' Union.



## CIRCUIT TRAINING

**Wednesday 4:15pm–5:00pm** · Sports Hall, Burslem Campus

Why not try this new circuit training session that involves a series of physical activities and stations designed to target specific muscle groups or fitness components. It's a versatile and effective way to improve overall fitness and can be tailored to individual goals and needs.

**For more information** contact Calvin Austin on **07786 113853**, Ikky Ahmed on **07551 131079** or visit the Students' Union.

## CONNECTIONS

A great opportunity for learners to connect with others who may be dealing with similar difficult circumstances. You will be part of a safe, small group that will be facilitated by our onsite Counselling Team. It's a chance to make new friends, build your confidence and social skills, whilst also supporting your mental health. Trips and visits to local attractions such as Trentham Gardens will be organised as part of this activity.

**For more information** contact Jake Hill by email at [counselling@stokecoll.ac.uk](mailto:counselling@stokecoll.ac.uk).

## CULTURAL COLLECTIVE

Cultural Collective is a group of young people who meet to support and represent the needs of people from ethnic minority backgrounds and their friends at Stoke on Trent College. Activities are arranged throughout the year networking closely with the Student Council.

**For more information** contact Ikky Ahmed on **07551 131079** or visit the Students' Union.

## DARTS

**Tuesday 12:00pm–1:00pm** · Students' Union, Cauldon Campus

**Wednesday 12:00pm–1:00pm** · Students' Union, Burslem Campus

If playing darts and connecting with friends is your idea of fun, why not head down to the Students' Union for our Darts Club, giving you the opportunity to play darts with peers and engage in friendly competitions.

**For more information** contact Calvin Austin on **07786 113853**, Amy Marsh on **07500 992973**, Ikky Ahmed on **07551 131079** or visit the Students' Union.

## DODGEBALL

**Friday 12:00pm–1:00pm** · Sports Academy, Cauldon Campus

Dodgeball is a team game in which players must dodge or catch balls thrown at them by the opposition while attempting to strike their opponents in the same way. This game has rapidly grown in popularity following the introduction of taster sessions last year.

**For more information** contact Calvin Austin on **07786 113853**, Amy Marsh on **07500 992973**, Ikky Ahmed on **07551 131079** or visit the Students' Union.

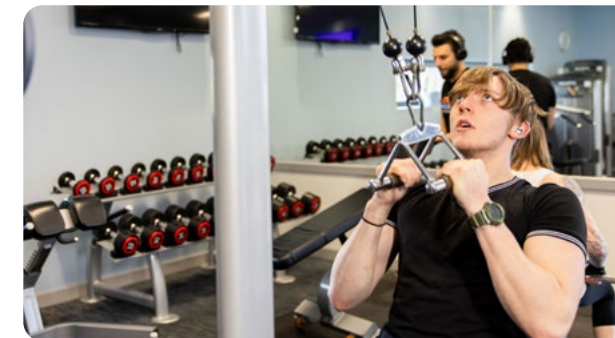
## FREE\* GYM SESSIONS ALL DAY, EVERY DAY!

**Monday–Friday 7:00am–5:30pm**

Sports Academy, Cauldon Campus

Come along and use a wide range of fitness and training machines in the College Fitness Suite – free of charge.\*

**For more information** contact Calvin Austin on **07786 113853** or Sharon Salmon in the Sports Academy.



## FUTSAL



**Wednesday 12:00pm–1:00pm** · Sports Hall, Burslem Campus

Futsal is a format of five-a-side football that is played extensively throughout the world. It is played on a pitch approximately the size of a basketball or netball court. Futsal is a great skill developer, demanding quick reflexes, fast thinking and pinpoint passing.

**For more information** contact Calvin Austin on **07786 113853**, Ikky Ahmed on **07551 131079** or visit the Students' Union.

## LGBTQ+



LGBTQ+ is a group for all students who self-identify as Lesbian, Gay, Bisexual, Trans, Asexual, Intersex or Non-Binary, as well as those who are unsure or questioning. The group will meet to support and represent the needs of the LGBTQ+ community at Stoke on Trent College through a range of social events and awareness raising events throughout the year.

**For more information** contact Amy Marsh on **07500 992973** or visit the Students' Union.

## KIX FOOTBALL ACTIVITY SESSIONS NEW!

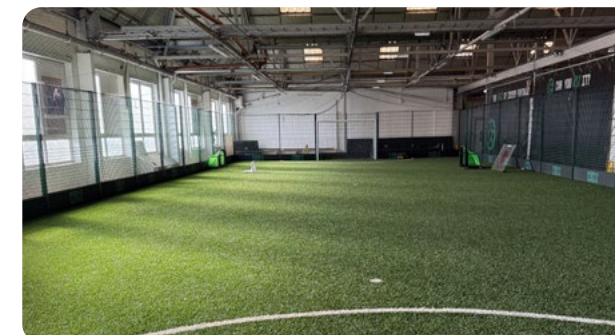


**Thursday 4:00pm–6:00pm** · Kix Football Centre, Regent Road, Hanley

KIX, the home of Streetball, offers a 3G pitch, a café, pool table, football table, darts and a wide range of street football games and activities.

Gain free access to this fantastic new facility on a weekly basis.

**For more information** please contact Calvin Austin on **07786 113853** or visit the Students' Union.







## MULTI SPORT ACTIVITY SESSIONS YOU DECIDE!

**Monday 12:00 pm–1:00 pm** · Sports Hall, Burslem Campus

This session gives students the chance to select different sports on a weekly basis with a ‘you decide’ initiative – simply turn up and choose your activity. We have the facilities to coordinate two or three different activities on a weekly basis including Basketball, Table Tennis, Tennis, Badminton, Football and Futsal.

**For more information** contact Ikky Ahmed on **07551 131079** or visit the Students’ Union.

## NETBALL

**Thursday 12:00 pm–1:00 pm** · Sports Academy, Cauldon Campus

Why not come along and join our netball club? This club will allow you to learn new techniques and develop your existing skills, as well as promoting teamwork, communication and leadership. If you think you are able to be a team player and want to enhance your physical fitness, come and join us for an hour or so of fun. This activity is open to all learners and all equipment is provided.

**For more information** contact Laura Marsh by email at [laura.marsh@stokecoll.ac.uk](mailto:laura.marsh@stokecoll.ac.uk), Amy Marsh on **07500 992973** or visit the Students’ Union.

## PEER MENTORING CLUB

This is an opportunity for learners to develop mentoring and mediation skills as well as the chance to build a working knowledge of safeguarding practices. Learners will have the chance to speak to people their own age about issues faced either in college or in the community and assist to directing individuals to the required support. Full training will be given.

**For more information** contact Steve Taylor on **07557 319432** or visit the Students’ Union.

## POOL CLUB

**Wednesday 12:00 pm–1:00 pm** · Students’ Union, Burslem Campus

This club welcomes pool players of all abilities to take part in informal games and structured competitions, all equipment provided.

**For more information** contact Ikky Ahmed on **07551 131079** or visit the Students’ Union.

## RECREATIONAL FOOTBALL

**Tuesday 12:00 pm–1:00 pm** · Sports Academy, Cauldon Campus

Why not join in this recreational five-a-side football session, where teams are mixed and picked at random each week. Come down and meet your new team mates.

**For more information** contact Calvin Austin on **07786 113853**, Amy Marsh on **07500 992973** or visit the Students’ Union.

## ROUNDERS

**Tuesday 12:00 pm–1:00 pm** · Hanley Park, next to Cauldon Campus  
**September–October and April–May only**

This activity takes place on a weekly basis in Hanley Park supervised by Mentor Steve Taylor. All equipment is provided and all abilities are welcome. Why not join in and compete against both staff and students in a fun, friendly environment?

**For more information** contact Steve Taylor on **07557 319432** or visit the Students’ Union.

## TABLE TENNIS

**Wednesday 12:00 pm–1:00 pm** · Sports Academy, Cauldon Campus  
**Friday 12:00 pm–1:00 pm** · Sports Hall, Burslem Campus

Recreational Ping Pong sessions and a structured league are offered at both campuses. Join in and compete against your fellow students in this informal Table Tennis session.

**For more information** contact Calvin Austin on **07786 113853**, Amy Marsh on **07500 992973**, Ikky Ahmed on **07551 131079** or visit the Students’ Union.

## WOMEN’S FOOTBALL



**Monday 4:00 pm–5:00 pm** · Sports Academy, Cauldon Campus

Stoke on Trent College is all about girl power! Whether you want to follow in the footsteps of our Lionesses or you just fancy a kick about with your friends, come along to our all-ability Women’s Football Club where there is something for everyone! Our sessions are completely female led and hosted in conjunction with Stoke City FC, so you have the opportunity to learn new skills and meet new friends along the way!

**For more information** contact Amy Marsh on **07500 992973** or visit the Students’ Union.







## WOMEN'S ONLY ACTIVITY SESSIONS

**Monday 4:00pm–5:00pm** · Sports Hall, Burslem Campus

Working in partnership with Engage Communities this new Women's Only session will allow learners to access a range of different sports & activities and will be delivered by a qualified female instructor. Trips and visits will also be a crucial element of this programme.

For more information contact Ikky Ahmed on 07551 131079 or visit the Students' Union.

## YOUNG CARERS

A young carer is someone from the age of five up to their 18th birthday who regularly provides care and emotional support to a family member (parent, brother or sister, grandparent or other relative) who is physically or mentally ill, disabled or misuses alcohol or drugs.

If you are carrying out a caring role or want more information, please speak to Claire Oliver on 07786 113845 or visit the Students' Union.

## YU-GI-OH TRADING CARD GAME

**Friday 12:00pm–2:30pm** · Students' Union, Cauldon Campus

Yu-Gi-Oh is a popular trading card game created by Kazuki Takahashi, it encourages social interaction through friendly duels, tournaments and community events.

The combination of strategy, social interaction and constant evolution makes Yu-Gi-Oh an enjoyable and engaging experience for everyone!

For more information please contact Calvin Austin on 07786 113853 or visit the Students' Union.

## ZUMBA

**Friday 12:00pm–1:00pm** · Dance Studio, Sports Academy, Cauldon Campus

Zumba is a high energy dance fitness programme that combines Latin and international music with aerobic exercise. It's a fun and engaging way to stay active, improve fitness and enjoy music and dance.

For more information contact Natasha Brook by email at [natasha.brook@stokecoll.ac.uk](mailto:natasha.brook@stokecoll.ac.uk), Amy Marsh on 07500 992973 or visit the Students' Union.



**UTH CITY**  
STOKES-ON-TRENT

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OUT NOW

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**WWW.RUFFANDRUBY.COM WWW.SOTYC.CO.UK**



Stoke on Trent College has not only allowed me to develop amazing friendships, it has also provided me with opportunities which have been fundamental to developing my confidence.

I am active in college enrichment, taking part in the Ability Counts Football and Dodgeball sessions. I aspire to progress to university to study Sports Science or Sports Coaching. My goal is to work within my local community at Stoke City as a Sports Scientist, or a manager.

**Leighton**  
Level 3 Sport & Exercise Science



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The College has provided opportunities for me to take on a variety of leadership responsibilities. My position as a Peer Mentor has enabled me to build a rapport with other learners and develop a caring attitude.

I would like to develop these skills in my position on the Students' Union Executive Committee, supporting with the delivery and promotion of our extensive enrichment programme and encourage new learners to get involved in all we have to offer!

**Aniqah**  
Level 3 Health & Social Care



Monday–Friday · 7:00am–5:30pm · Sports Academy, Caudon Campus

**FREE\***

**GYM SESSIONS**

**FOR ALL LEARNERS** ALL DAY, EVERY DAY!

STAY IN SHAPE IN OUR FRIENDLY, SUPPORTIVE ON-CAMPUS ENVIRONMENT

- Fully equipped gymnasium
- Gym induction\*
- Free locker usage
- Individual fitness programmes
- Weight management programme
- Dietary advice
- Shower facilities
- Disabled facilities

\* Please note a one-off fee of £5 is payable for your membership card and induction. Gym sessions take place at the Sports Academy, which is at Caudon Campus, but are open to all students from both campuses.





Stoke on Trent College offers a range of short courses in addition to your main programme, giving you the opportunity to develop new skills and gain extra qualifications.

# SHORT COURSES

## CLIMBING & BOULDERING SIX-WEEK TASTER COURSE

Why not take advantage of this fantastic opportunity and sign up for this six-week climbing taster course at Kilnworx Indoor Climbing Centre. All abilities welcome, transport and equipment are provided.

For more information contact Calvin Austin on **07786 113853** or visit the Students' Union.

## CRICKET NET SESSIONS AT THE CRICKET CAVE

This new cricket net session is the perfect opportunity for students to play 'hard ball' cricket in a competitive environment with the chance to play fixtures against other colleges. In the first instance students will develop their batting and bowling skills with access to bowling machines and a qualified English Cricket Board (ECB) Coach. All equipment is provided.

For more information contact Calvin Austin on **07786 113853**, Ikky Ahmed on **07551 131079** or visit the Students' Union.

## STEP UP YOUR CONFIDENCE

Are you looking to develop your confidence, learn new skills and meet new people?

Why not consider our new Step up Your Confidence Enrichment Programme, which is co-delivered with the Port Vale Foundation. You will gain the opportunity to interact with a wide range of learners in fun activities, have the opportunity to put your creative skills to the test by using arts and crafts to promote positive wellbeing and gain support and guidance on ways to encourage a growth mindset and a positive outlook.

For more information please contact Amy Marsh on **07500 992973** or visit the Students' Union.

## FIRST AID AWARENESS NEW!

Our First Aid Awareness session packs the best bits of First Aid into a fun, age-appropriate workshop where you will learn how to check for danger, put someone in the recovery position, give CPR, clear choking, and control bleeding as well as bust a few first-aid myths along the way.

During the workshop you can expect hands-on demos, interactive quizzes and plenty of practice on real manikins. On completion of the session you will receive a certificate of attendance and the knowledge that, if the unexpected happens, you'll know exactly what to do!

For more information please contact Calvin Austin on **07786 113853** or visit the Students' Union.



# INTER CAMPUS SPORTS

During the Academic Year, learners from the Burslem Campus and Cauldon Campus will have the opportunity to compete against each other in range of different sporting activities, including...



If you would like to take part in any of these informal competitions please contact Amy Marsh on 07500 992973 or Ikky Ahmed on 07551 131079.

## STOKE CITY FOOTBALL ACADEMY PROGRAMME



Are you a talented male or female footballer with ambitions of a career in football? If so, Stoke City Community Trust's Football Education Academy is for you.

Alongside studies at the College, students will represent Stoke City in 11-a-side competition in the EFL Community & Education Alliance League, training twice a week and receiving top-level coaching from professional and experienced Stoke City staff.

For more information contact George Brookes by email at [george.brookes@stokecoll.ac.uk](mailto:george.brookes@stokecoll.ac.uk) or visit the Students' Union.

## PORT VALE FOOTBALL & EDUCATION SQUAD



Learners involved with this programme train up to four times a week with UEFA qualified coaches and represent Port Vale every week against other professional clubs.

Every student will receive a full training kit and match day tracksuit, plus tickets to every Port Vale home league game.

Alongside studies at the College, students will represent Port Vale in 11-a-side competitions in either the National Football Youth League or the EFL Community & Education Alliance League, training four times a week and receiving top-level coaching from professional and experienced Port Vale staff.

For more information contact George Brookes by email at [george.brookes@stokecoll.ac.uk](mailto:george.brookes@stokecoll.ac.uk) or visit the Students' Union.

## COLLEGE CRICKET CLUB JOIN THE SQUAD! NEW!



Whether you're a seasoned player or picking up a bat for the first time, College Cricket Club is the place to sharpen your skills, stay active, and be part of a growing team.

We're building something exciting. Our cricket programme is expanding rapidly, and we want you to be part of it. Represent your college in indoor tournaments throughout the winter and get ready for the thrill of summer T20 league cricket against other colleges and local clubs.

### WHY JOIN?

- Compete in structured tournaments across all seasons
- Train with supportive coaches and peers
- Boost fitness, teamwork and confidence
- Pathways into local club cricket and beyond

Open to all – beginners and experienced players welcome!

For more information contact Ikky Ahmed on 07551 131079, George Brookes by email at [george.brookes@stokecoll.ac.uk](mailto:george.brookes@stokecoll.ac.uk) or visit the Students' Union.

# INSTITUTE OF SPORTS PERFORMANCE





## STUDENT AMBASSADORS

Represent the College at open evenings and external promotional events. This is an excellent opportunity to develop social and personal skills including communication, confidence and teamwork.

**For more information** contact Amy Howle by email at [amy.howle2@stokecoll.ac.uk](mailto:amy.howle2@stokecoll.ac.uk) or visit the Students' Union.

## STUDENT COUNCIL

### Monthly meetings

Do you want to make a difference? Do you want to act as a voice for students on your course or maybe even become a Student Governor? If so, get involved in your Student Council and discuss issues that are important to you to make college better for all. Stoke on Trent College Student Council offers training and team building activities throughout the academic year.

**For more information** contact Calvin Austin on **07786 113853** or visit the Students' Union.

## STUDENTS' UNION EXECUTIVE COMMITTEE

### Monthly meetings

This committee of nine students meets monthly and has the responsibility of helping to run the Students' Union, including overseeing its annual budget. This is a fantastic opportunity for you to have a voice in the College and to learn new skills such as how to take part in professional meetings, communication, decision making and teamwork.

**For more information** on how to be elected onto this committee please contact Calvin Austin on **07786 113853** or visit the Students' Union.

# LEADERSHIP & VOLUNTEERING



Stoke on Trent College offers a wide range of volunteering opportunities to improve your social and personal skills, enhance your employability and make your time at college more enjoyable.



CLUBS & SOCIETIES TIMETABLE

BURSLEM CAMPUS

CLUBS & SOCIETIES TIMETABLE

CAULDON CAMPUS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:00am–5:30pm FREE GYM SESSIONS Sports Academy, Cauldon Campus	7:00am–5:30pm FREE GYM SESSIONS Sports Academy, Cauldon Campus	7:00am–5:30pm FREE GYM SESSIONS Sports Academy, Cauldon Campus	7:00am–5:30pm FREE GYM SESSIONS Sports Academy, Cauldon Campus	7:00am–5:30pm FREE GYM SESSIONS Sports Academy, Cauldon Campus	7:00am–5:30pm FREE GYM SESSIONS Sports Academy, Cauldon Campus	7:00am–5:30pm FREE GYM SESSIONS Sports Academy, Cauldon Campus	7:00am–5:30pm FREE GYM SESSIONS Sports Academy, Cauldon Campus	7:00am–5:30pm FREE GYM SESSIONS Sports Academy, Cauldon Campus	7:00am–5:30pm FREE GYM SESSIONS Sports Academy, Cauldon Campus
						8:15am–9:00am BADMINTON BREAKFAST CLUB Sports Academy			
							11:00am–12:00pm ABILITY COUNTS FOOTBALL Sports Academy		
12:00pm–1:00pm MULTI SPORT ACTIVITY SESSIONS Sports Hall	12:00pm–1:00pm BADMINTON Sports Hall	12:00pm–1:00pm BINGO MONTHLY Students' Union DARTS Students' Union FUTSAL Sports Hall POOL CLUB Students' Union	12:00pm–1:00pm BOXING FOR FITNESS Sports Hall	12:00pm–1:00pm TABLE TENNIS Sports Hall	12:00pm–1:00pm BASKETBALL Sports Academy	12:00pm–1:00pm DARTS Students' Union RECREATIONAL FOOTBALL Sports Academy ROUNDERS Hanley Park Sep–Oct & Apr–May	12:00pm–1:00pm BADMINTON Sports Academy BOXING FOR FITNESS Dance Studio, Sports Academy TABLE TENNIS Sports Academy	12:00pm–1:00pm CHOIR Students' Union NETBALL Sports Academy	12:00pm–1:00pm DODGEBALL Sports Academy ZUMBA NEW! Dance Studio, Sports Academy
									12:00pm–2:30pm YU-GI-OH NEW! Students' Union
4:00pm–5:00pm WOMEN'S ONLY ACTIVITY SESSIONS Sports Hall	4:00pm–5:00pm BADMINTON Sports Hall	4:15pm–5:00pm CIRCUIT TRAINING Sports Hall	4:00pm–6:00pm KIX FOOTBALL ACTIVITY SESSIONS NEW! Regent Road, Hanley		4:00pm–5:00pm WOMEN'S FOOTBALL Sports Academy			4:00pm–6:00pm KIX FOOTBALL ACTIVITY SESSIONS NEW! Regent Road, Hanley	

All cross-college enrichment activities begin week commencing 22 September 2025.

In addition to these weekly and monthly activities, you can contact Calvin Austin on 07786 113853 for information on where and when to find our Short Courses, Inter Campus Sports Competitions, Institute of Sports Performance and Leadership & Volunteering opportunities.





It's really important that you look after your wellbeing and the College is here to help with a wide range of services including the Mentoring and Counselling Teams, the Sexual Health Team and Teenage Pregnancy Advice Service (STAR).


# WELLBEING SERVICES

## MENTORS AT A GLANCE

Our Mentors are passionate about engaging with learners in innovative and diverse ways. They lift barriers to learning by providing support including 1-2-1 sessions, group work, workshops and referrals to outside support agencies. They can help with a wide range of issues including: social skills, money and time management, housing, self-esteem and confidence building, careers, emotional awareness, relationships, drug and alcohol abuse, sexual health and much more!



**ANNE WISE**  
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**EVERTON GREEN**  
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**STEVE TAYLOR**  
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**GORDON LEIGH**  
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NEW  
MENTOR  
STARTING  
SOON...



**JAKE HILL**  
counselling@stokecoll.ac.uk



**MAKE A REFERRAL**

## COUNSELLING

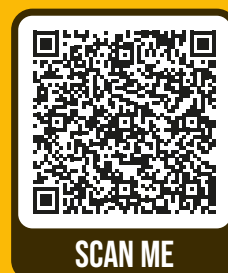
All learners are more than welcome to make a referral into the Counselling Service. It is a safe and confidential space to explore your thoughts and feelings about anything you would like. There is no problem or concern too big or too small to bring to counselling. To make a referral, simply visit the Counselling page on Canvas, or scan the QR code below.

The Counselling Service also offers 'drop-in' sessions, support groups and runs a coffee morning every other week, which anyone can attend. For more information about any of this or counselling in general, please visit the Counselling Canvas page. To contact the service directly, email [counselling@stokecoll.ac.uk](mailto:counselling@stokecoll.ac.uk).



# WHAT TO DO NEXT

## SCAN THE QR CODE TO CHOOSE YOUR ACTIVITIES ONLINE...



Alternatively, please complete the form below as soon as possible and hand it to your Lecturer, Tutor Assessor or a member of Students' Union staff.

You will be sent a text reminder of your chosen activities before cross-college enrichment activities begin week commencing **22 September 2025**.



**STOKE**  
ON TRENT  
**COLLEGE**



**namss** National Association for  
Managers of Student Services

Award Winning Enrichment Programme 2020  
Award Winning Peer Mentoring Project 2022  
NAMSS Student Services Awards